

Additional Resources

If you are trying to locate a facility to obtain dialysis services and the regular treating facility does not have back-up arrangements in place, in addition to the ESRD Networks, you can call any of the following provider organizations for help. If you previously received care in a facility that is part of particular organization, it is best to call that organization's number, as they can more easily get information from your electronic medical record. However, any of these organizations will help you, even if your facility was not part of one of them.

DAVITA 1.800.400.8331
FMCNA 1.800.626.1297
DCI 1.800.969.4438

When making your emergency plans, the following websites have valuable information that may assist you:

- <http://www.bt.cdc.gov/disasters/>
- <http://www.mayoclinic.com/health/managing-diabetes/DA00135>
- <http://www.redcross.org/>
- <http://www.kidney.org/help/>
- <http://www.disastercenter.com/guide/family.htm>



Heartland Kidney Network

7306 NW Tiffany Springs Pkwy
Suite 230
Kansas City, MO 64153

Phone: (800) 444-9965
Main Fax: (816) 880-9088
Data Fax: (816) 880-1775

Web: heartlandkidney.org
Email: net12@nw12.esrd.net



EMERGENCY & DISASTER PLANNING



Promoting and facilitating high quality care standards for dialysis and kidney transplant patients in Iowa, Kansas, Missouri and Nebraska.

PATIENT EDUCATION SERIES

Making Preparations

An emergency or a disaster can occur at any time. Floods, ice storms, heat waves, tornadoes, loss of electricity and many other events could interfere with your dialysis treatments. This brochure poses questions to ask yourself when preparing for emergencies. We encourage you to complete the information on the next few pages and make a copy of the information for your records. This will assist the care team in helping you in the event a disaster strikes.

INSIDE!

- ★ **Emergency / Disaster Questions**
- ★ **Questions to Ask Yourself**
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PLANNING AHEAD

THIS PLAN BELONGS TO _____

Important Questions

If a disaster or emergency occur, how will you make other plans for dialysis? (Check all that apply)

- Contact the facility social worker.
- Call the corporate 800 number.
- Call the ESRD Network 800 number.
- Contact the American Red Cross.
- Contact the police or fire department.
- Contact the Office of Public Health.
- I don't know how.

For the remaining questions, check "Y" for yes or "N" for no.

Y N

- Do you and/or your family have a plan in the event of a disaster?
- Would you need assistance to carry out your plan?
- Are you aware of the booklet "Preparing for Emergencies: A Guide for People on Dialysis"?
(available online at: <http://cms.hhs.gov/MLNProducts/downloads/10150.pdf>)
- Are you aware of the 3-day emergency diet?
- Do you know where to get a copy of the 3-day emergency diet?
- Are you diabetic? (The 3-day diet is available in diabetic and non-diabetic forms.)

Y N

- Do you have a copy of your medical history?
- Do you have a supply of meds and a list of your current medications?
- Do you know what diet and fluid restrictions to follow if your dialysis treatment is delayed?
- Do you know how to disinfect water?
- If an evacuation is ordered from your area, will you leave? (see below)

If yes, where will you go? (phone, city/state)

If no, check all that apply:

- No means of transportation.
- No money for gasoline.
- No money for lodging.
- No available housing with family/friends or church members.
- No available assistance from family/friends or church members.
- I prefer not to leave my home.
- Other _____

Questions to Ask the Facility Staff

If the dialysis unit closes, where do I need to go for treatment?

What is the phone number?

Y N

Do they know that I will be coming?

If they are closed or cannot give me treatment, where else could I go?

What is the phone number?

Y N

Will they know I would be coming?

Do you have a copy of my medical history, medication list, emergency contact information and recent dialysis orders that you can give to me?

The emergency contact number for the facility is:

I would speak with:

The number for my ESRD Network is:

1-800-444-9965