

Hemodialysis Adequacy: Reducing Dialysis Treatment Time

Calculated for patients dialyzing 4 Hours, 3 Days/Week

REDUCING TREATMENT BY	MEANS LOST TIME BY WEEK	AND LOST TIME BY MONTH	AND LOST TIME BY YEAR	IT ALL ADDS UP TO WEEKS LOST PER YEAR
5 Minutes	15 Minutes	65 Minutes (1 hour and 5 minutes)	780 Minutes (13 hours)	1 Week
10 Minutes	30 Minutes	130 Minutes (2 hours and 10 minutes)	1,560 Minutes (26 hours) (1 day and 2 hours)	2 Weeks
15 Minutes	45 Minutes	195 Minutes (3 hours and 15 minutes)	2,340 Minutes (39 hours) (1 day and 15 minutes)	3 Weeks
20 Minutes	60 Minutes (1 hour)	260 Minutes (4 hours and 20 minutes)	3,120 Minutes (52 hours) (2 days and 4 hours)	4 Weeks
25 Minutes	75 Minutes (1 hour and 15 minutes)	325 Minutes (5 hours and 25 minutes)	3,900 Minutes (65 hours) (2 days and 17 minutes)	7 Weeks
30 Minutes	90 Minutes (1 hour and 30 minutes)	390 Minutes (6 hours and 30 minutes)	4,680 Minutes (78 hours) (3 days and 6 hours)	8 Weeks

The Heartland Kidney Network would like to acknowledge and thank the ESRD Network # 4 for sharing information and materials used in the development of this resource.