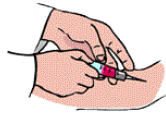


TAKING A VACATION FROM
TREATMENT
=
INADEQUATE DIALYSIS



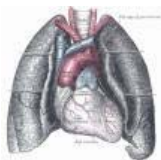
RISKS AND COMPLICATIONS OF INADEQUATE DIALYSIS INCLUDE:



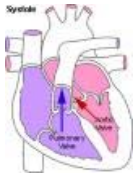
Clotting of your vascular access.



Worsening of anemia and bone disease due to not receiving your intravenous medications as scheduled.



Fluid overload – shortness of breath requiring treatment in the emergency room and emergent dialysis; severe cramping and hypotension during the treatment following the missed appointment due to the need to pull extra fluid.



Cardiac complications – cardiac arrhythmia, cardiac arrest, and death, due to high potassium.



Cerebrovascular complications – stroke, leading to permanent disability and death due to hypertension.

DO THE MATH:

MISSING 1 TREATMENT A WEEK = 52 TREATMENTS IN A YEAR. THIS IS THE SAME AS MISSING **4 MONTHS** OF TREATMENTS.

You may not immediately experience any of the effects noted, but numerous studies show that inadequate dialysis will shorten your life expectancy.

Also, if you have a history of missing appointments, shortening treatment, or otherwise not following your treatment plan, this may prevent you from getting on the list for a transplant.

It is extremely important that you receive your full treatments as prescribed. Please call when you are unable to keep your appointment and we will make every effort to adjust the schedule to allow you to make up the missed treatment.